

Palo Santo



Product Summary

Palo Santo is one of Young Living’s exclusive Ecuador oils. This oil is used traditionally to ward off negative emotions and protect against harmful spiritual influences.

Product Story

Palo Santo (*Bursera graveolens*) comes from the same botanical family (*Burseraceae*) as frankincense, although it is found in South America rather than the Middle East. Like frankincense, Palo Santo is a spiritual oil, traditionally used by the Incas to purify and cleanse the spirit from negative energies. Even its Spanish name reflects how highly this oil is regarded: Palo Santo means “holy wood” or “sacred wood.”

The Palo Santo tree is protected by the government—no living trees or branches are allowed to be cut. To harvest the oil, a permit is required and then only dead trees or fallen branches are allowed to be harvested. The Palo Santo tree’s powerful resin will only permeate the hardwood when the tree dies and matures, making extraction of this unique and powerful oil possible.

Primary Benefits

- + Diffuse in a Young Living diffuser for increased spiritual meditation
- + Rub in your hands and inhale for an added sense of grounding
- + Blend with other holy oils (frankincense, myrrh) to balance the emotions.

How To Use

- + Topical: Dilute 1 drop with 1 drop V-6 or olive oil. Then apply to desired area as needed.
- + Aromatic: Diffuse up to 1 hour three times daily.

Caution

- + Keep out of reach of children
- + If pregnant or nursing, consult a healthcare practitioner
- + If taking medication or if you have a medical condition, consult a healthcare practitioner.