

# Thieves® Dental Floss



## Product Summary

Dental floss infused with Thieves and peppermint essential oils.

## Product Story

Food particles can become trapped between teeth where toothbrushes cannot reach. Left unattended, bacteria will begin to grow and can eventually harden into plaque and eventually lead to gingivitis, the early stage of gum disease.

Flossing removes food trapped between the teeth and removes the film of bacteria that forms there before it has a chance to harden into plaque. This in turn reduces the likelihood of gum disease and tooth decay.

Thieves Dental Floss can be used daily by children and adults to clean plaque and debris between teeth. With the refreshing flavors of Thieves and peppermint essential oils, Thieves Dental Floss is an excellent choice for anyone seeking to maintain a healthy and bright smile.

## Key Benefits

Proper oral care may prevent many systemic health concerns such as cardiovascular disease, stroke, and bacterial pneumonia, as well as oral health problems. It can prevent cavities, tartar, gingivitis (an infection of the gums caused by plaque), and more serious gum diseases such as periodontitis, which can lead to tooth loss. Pregnant women who have periodontitis may be at increased risk for delivering pre-term and/or low birth weight babies. It is recommended by the

American Dental Association that we floss twice a day; however, even flossing once a day will play an essential role in preventing periodontal disease and other health concerns.

## Did You Know?

According to the American Dental Association:

- + Children should have their teeth flossed as soon as two teeth touch each other.
- + Tooth decay in primary (baby) teeth of children aged two to five years increased from 24 percent to 28 percent between 1988–1994 and 1999–2004.
- + Tooth decay is the most common chronic disease of children aged five to seventeen years—five times more common than asthma.
- + One-fourth of adults over age sixty-five have lost all of their teeth—primarily because of tooth decay.
- + Advanced gum disease affects 5 percent–11 percent of adults.

## Key Ingredients

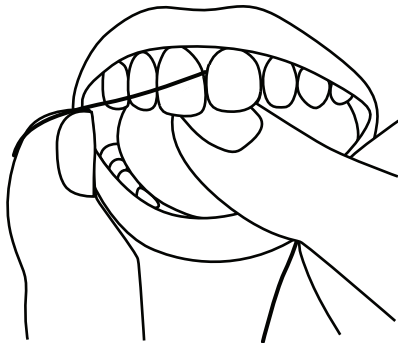
Clove, *Eucalyptus radiata*, cinnamon, rosemary, lemon, and peppermint essential oils.

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## How To Use\*

- + Break off about eighteen inches of floss and wind most of it around one of your middle fingers. Wind the remaining floss around the same finger of the opposite hand. This finger will take up the floss as it becomes dirty. Hold the floss tightly between your thumbs and forefingers.
- + Guide the floss between your teeth using a gentle rubbing motion. Never snap the floss into the gums.
- + When the floss reaches the gum line, curve it into a C shape against one tooth. Gently slide it into the space between the gum and the tooth.
- + Hold the floss tightly against the tooth. Gently rub the side of the tooth, moving the floss away from the gum with up and down motions.
- + Repeat this method on the rest of your teeth.

\*Recommendations are provided by the American Dental Association



## Complementary Products

Thieves Dentarome, Dentarome Plus, Dentarome Ultra, and Fresh Essence Plus Mouthwash.